

The Mother ease Guide To

Cloth Diapering



Introduction

You are expecting a baby! Congratulations!
And you are considering cloth diapers?
Wonderful!

As you have begun researching cloth diapering, we are sure you have come across more information than you can get through. It can all be very confusing, but it doesn't have to be. Cloth diapering is actually very simple; the hardest part is selecting which diaper you want to commit to.

With the Mother ease Guide to Cloth Diapering, you will be introduced to each type of cloth diaper and presented with the pros and cons of each category. Once you have been thoroughly educated in what kind of diapers are available, choosing the right system for you, your family—and most importantly, your baby—will be a breeze.



Categories

Cloth diapers can be broken down into 5 basic categories, each of which will be broken down in this E-book.

Flat & Prefolded Diapers

Fitted Diapers

Pocket Diapers

All-in-One Diapers

All-in-Two Diapers



Flat & Prefolded Diapers

Flat and Prefolded diapers are the diapers your grandmother used on her babies. They have been around for generations, and while they may be the most economical option, they are not the most convenient.

Flat and Prefolded diapers are rectangular or squares of absorbent fabric that is folded to suit the size of your baby. They are secured with either pins or a Snappi diaper fastener, or simply laid into a waterproof cover, which is then fastened around your baby. This system is a two-step diapering system as the absorbent Flat/Prefold and waterproof cover go on your baby in two separate steps – more difficult as your baby does not lay still for a diaper change!



Mother ease manufactures the waterproof diaper covers for Flat and Prefolded diapering systems ([Air Flow Cover](#) & [Rikki Wrap Cover](#)) but we do not manufacture Flat or Prefolded diapers.

Pros & Cons



Pros

- Flat/Prefolded diapers are one-size fits all, and are therefore very economical. If you are on a tight budget and don't mind folding each diaper before using them on your baby, these diapers are for you.
- Quick to dry as they can be unfolded.

Cons

- These diapers require the use of a separate waterproof cover.
- They must be folded prior to use.
- They don't contain poop messes well because there are no leg elastics.
- Since messes aren't properly contained in the flat/prefolded diaper, the waterproof cover is soiled more-often, requiring 6-8 waterproof covers.
- They have no closure systems and must be secured with some fastening method such as pins, a Snappi diaper fastener or laid inside a snug fitting waterproof diaper cover.

Fitted Diapers

Fitted diapers are a very popular choice and are more economical than the next two categories (Pocket & All-in-One). Like Flat/Prefolded diapers, Fitted cloth diapers are part of a two-step system as the absorbent Fitted diaper and waterproof cover go on your baby in two separate steps.

These are very absorbent contoured diapers, shaped to fit your baby with elastics at the waist and leg openings for superb mess containment! This diapering system closes with either snaps or Velcro® and are available in a number of sizes for a customized fit as your baby grows, but are also available in a one-size option that grows with your baby.



Mother ease offers our [Sandy's Fitted](#) diapers for a sized and customized fit and our [One Size Fitted](#) diaper that fits from birth to potty training!

Pros & Cons



Pros

- Because these diapers have elastic at the waist and legs, there is great containment.
- Requires the least amount of waterproof covers and is therefore more economical.
- Closes with either snaps or Velcro®.
- The waterproof cover is not attached, so you get great longevity with a one-size option.
- Depending on the brand, these are very absorbent diapers, often touted best for night time, nap times or longer car rides.

Cons

- These diapers require the use of a separate waterproof cover.
- Depending on the absorbency of the diaper, they may take longer to dry after washing.

Pocket Diapers

The pocket diaper is relatively new on the cloth diaper scene. But, don't be deceived by its popularity as this system is not without major flaws inherent to its design.

Pocket diapers consist of a waterproof cover outside and a synthetic liner inside. An opening (pocket) is left in between, usually along the back of the diaper, which parents can stuff an absorbent insert into. This insert is added separately, and once added, the diaper is ready to be snapped around your baby in one simple step. We refer to this as a one-step diapering system.

Pocket diapers are very slim fitting, available in one-size fits all and sized for a more perfect fit in each size. They also have elastic at the waist and leg openings to contain messes and have either snap or Velcro® waist closures. For fashion-conscious parents, there is a wide range of colors and prints.

Because Mother ease is committed to quality, leak-free cloth diaper systems, we do not offer a Pocket diaper.

Pros & Cons



Pros

- Convenient one-step diapering system, meaning the diaper is put on your baby in one easy step.
- Because the absorbent insert is removed to wash, it dries quickly.
- Once pre-stuffed, this diaper is babysitter and grandparent friendly

Cons

- The absorbent insert must be added to each diaper before use and removed after use, prior to washing. Removal is unpleasant.
- The diaper becomes convex when absorbent inserts are added. This can cause leaks as the urine will run off the rounded surface quicker than it can absorb.
- The waterproof cover component is the first part of the system to expire, which means the one-size-fits-all style will have a limited longevity.
- Depending on manufacturing design these diapers are not very leak-proof, primarily due to the amount of holes created by the sewing during production.
- Elastics may not endure the length of time your child will wear them. Especially with one-size diapers that are intended to grow with your child.

All-in-One Diapers

All-in-One diapers are exactly that: a waterproof outer cover and absorbent inner all in one!

This is a one-step diapering system as the absorbent inner diaper is sewn in and cannot be removed. Simply snap the diaper around your baby and toss into your diaper pail when soiled. It is an ideal alternative to disposables and the easiest to use.

All-in-One diapers are slim fitting, available in one-size fits all and sized for a more perfect fit in each size. They also have elastic at the waist and leg openings to contain messes and have either snap or Velcro® waist closures.



Mother ease's all-in-one cloth diaper, the [Wizard Uno](#), can be found in our Wizard Cloth Diaper line..

Pros & Cons



Pros

- Convenient one-step diapering system, meaning the diaper is put on your baby in one easy step.
- This diaper is easy and quick to change, so it's great for child care providers, baby sitters and grandparents.
- This style of diaper is ideal to supplement other cloth diapers when convenience is a factor – like a quick diaper change at the mall.

Cons

- Because the waterproof cover and absorbent inner diaper are attached, these diapers are expensive.
- Slower to dry as the attached waterproof cover impedes on the water extraction.
- Waterproof cover component is the first part of the system to expire, which means the one-size-fits-all style will have a limited longevity.
- Depending on manufacturing design these diapers are not very leak-proof, primarily due to the amount of holes created by the sewing during production.
- Elastics may not endure the length of time a child will wear the one-size-fits-all diapers.

All-in-Two Diapers

The All-in-Two cloth diaper is the newest member on the cloth diaper scene. Similar to the All-in-One diaper, except that the absorbent inner is not sewn together but attached with snaps to the waterproof cover.

Once snapped together, this diaper becomes as easy to use as an All-in-One. When it becomes wet or soiled, simply unsnap the inner absorbent diaper insert and snap in a clean one and reuse the waterproof cover.

Fewer covers are required as soiled diaper inserts are replaced making it very economical considering how convenient it is!

All-in-Two diapers are slim fitting and the waterproof covers and absorbent diaper inserts are available in one-size-fits-all or sized for a perfect fit in each size range. They also have 2 lines of elastic at the waist and leg openings to contain messes and have either snap or Velcro® waist closures.



Mother-ease's all-in-two cloth diaper, [Wizard Duo](#), can be found in our [Wizard Cloth Diaper](#) line.

Pros & Cons

Pros

- Convenient one-step diapering system, meaning the diaper is put on your baby in one easy step.
- This diaper is easy and quick to change, so it's great for child care providers, baby sitters and grandparents.
- Dries quickly as the absorbent diaper insert and waterproof cover are separate.
- Economical because less waterproof covers are required than absorbent inserts.
- These diapers are great for child care providers and grandparents because they can be preassembled for as many covers as you have and used as All-in-Ones.



Cons

- The absorbent diaper insert must be snapped into each diaper before use and removed after use, prior to washing.
- The waterproof cover component is the first part of the system to expire, especially with one-size-fits-all diapers. However, they are easily replaced as they are not sewn together!

About Mother ease

Mother ease Cloth Diapers was founded in 1991 by Erika Froese, a stay-at-home mother of five cloth diapered children. Frustrated with her traditional cloth diapers, Erika was determined to design something convenient, reliable and leak-free. Once her designs were complete and fully tested, she set out to manufacture and sell the most innovative range of cloth diapers in the world.

Now family-owned and operated by Erika and Rick Froese, Mother ease designs diapers based on the needs of mom and baby. Our unique combination of innovative designs and custom made fabrics make our diapers different from the rest and why our cloth diapers really work!

And now that you are well-educated in the 5 categories of cloth diapering...

Try our DIAPER SELECTOR Quiz

To find the right diaper for you!